

Dear East Falmouth Friends;

The snow is deep over here in the Northern Catskill Mountains, and we're happy for the opportunity to spend some time resting by the fire and dreaming about the coming growing season.

If you're receiving this newsletter, it means that you have expressed an interest in participating in the Sap Bush Hollow East Falmouth CSA. We are a small, three-generation grass-based livestock farm located in Schoharie County, NY. We raise antibiotic- and hormone-free lamb, beef, pork, chicken & turkeys out on lush green grass, and we process it to sell directly to our customers. We've been identified by the USDA as one of the most innovative farms in the country, and we want to share our harvest with you.

Thanks to your organizational efforts, the East Falmouth CSA was begun in 2022. It is a small network of friends who want to feed their families the cleanest, healthiest meat possible, while making sure the animals are treated well, and that the farming practices are in harmony with the planet. Our hosts, Sean Hayes and Lyndsey Lefevre, have set up a chest freezer in their garage where we can deliver your orders four times per year: The first week in April, the last week in June, last week in September, and right before Thanksgiving.\*

Enclosed is your 2023 CSA order form. While you can always place an online order for any cuts you desire prior to each delivery (we'll send you a reminder notice before each trip), ordering CSA shares in advance using the enclosed form guarantees you the lowest possible prices for your meat, and helps protect your household from inflation-related spikes in your food costs. We do this because your advance orders let us plan for our production needs over the season, and that helps us streamline our expenses. Want further savings? Make your full year's order by April 1<sup>st</sup>, and pay by check, and you can take another 10% off your bill.

We know that a few of you are very keen on helping us to bring these quality meats to your area, and we are grateful for your participation. We would love for you to help us to expand our East Falmouth membership. If you have a friend or family member who you think would be a good fit, please share a copy of our order form with them! You and they will EACH get a free chicken when they place their first order for \$125 or more. Be sure to sign the bottom of the referral form so we know who to give the chicken to! Need extra order forms? You can download them here:

Thank you for helping us to find an excuse to travel out to your beautiful part of the country. We look forward to getting to know you better!

Fondly,

Shannon, Bob, Saoirse, Ula, Jim, Adele and the crew of Sap Bush Hollow Farm

\*There may be additional deliveries as schedules allow, but for now, we are committing to these four trips.